



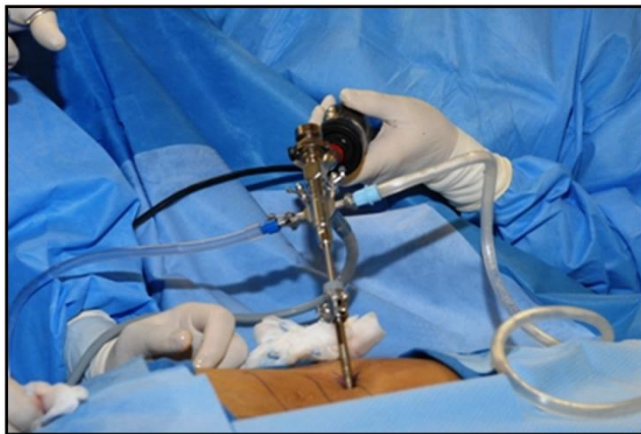
Dr. Shankar Acharya

Regd. No.3095/DMC

M.S. (Ortho), DNB (Ortho), FRCS (Glasgow) FRCS (Edinburgh)
FRCS (Orthopaedics) (London), M.Ch. (Orthopaedics) Liverpool
Spine & Deformity Fellowship, (Birmingham) U.K., Spine Fellowship Munster (Germany)
Spine Fellowship (USA)
Senior Consultant & Chairman Department of Ortho Spine Surgery
Professor Dept. of Orthopaedic & Spine Surgery

ENDOSCOPIC SPINE SURGERY

Endoscopic spine surgery is a modern, minimally invasive technique to treat spine problems with the help of a small camera called an endoscope. This method allows surgeons to perform precise procedures through tiny incisions, reducing pain and speeding up recovery. It is a safe and effective option for treating conditions like herniated discs, spinal stenosis, and some degenerative spine problems.



How is Endoscopic Spine Surgery Performed?

- The surgeon makes a small incision (about 1 cm).
- An endoscope, a thin tube with a camera, is inserted through the incision.
- The surgeon uses live images from the camera to guide tiny instruments and treat the affected area.

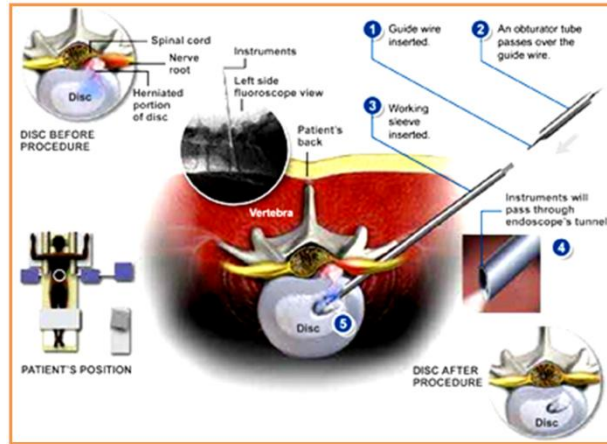


Dr. Shankar Acharya

Regd. No.3095/DMC

M.S. (Ortho), DNB (Ortho), FRCS (Glasgow) FRCS (Edinburgh)
FRCS (Orthopaedics) (London), M.Ch. (Orthopaedics) Liverpool
Spine & Deformity Fellowship, (Birmingham) U.K., Spine Fellowship Munster (Germany)
Spine Fellowship (USA)
Senior Consultant & Chairman Department of Ortho Spine Surgery
Professor Dept. of Orthopaedic & Spine Surgery

- Since there is no need for large cuts or muscle damage, the surgery is less painful and recovery is quicker.



Benefits of Endoscopic Spine Surgery

1. **Minimal Pain:** Smaller incisions cause less tissue damage, resulting in less pain after surgery.
2. **Faster Recovery:** Patients can often return to daily activities within a few weeks.
3. **Reduced Scarring:** The tiny incisions leave minimal marks.
4. **Shorter Hospital Stay:** Most patients go home the same day or the next day.
5. **Safer Approach:** There is a lower risk of complications compared to traditional open surgeries.

Who Can Benefit from Endoscopic Spine Surgery?

This surgery is suitable for patients with:

- **Herniated** or slipped discs.
- **Spinal stenosis** (narrowing of the spine).



Regd. No.3095/DMC
Dr. Shankar Acharya

M.S. (Ortho), DNB (Ortho), FRCS (Glasgow) FRCS (Edinburgh)
FRCS (Orthopaedics) (London), M.Ch. (Orthopaedics) Liverpool
Spine & Deformity Fellowship, (Birmingham) U.K., Spine Fellowship Munster (Germany)
Spine Fellowship (USA)
Senior Consultant & Chairman Department of Ortho Spine Surgery
Professor Dept. of Orthopaedic & Spine Surgery

- Sciatica or nerve pain caused by pinched nerves.
- Degenerative disc disease.
- Some spine injuries or infections.

Recovery After Endoscopic Spine Surgery

- Patients usually walk within a few hours of the procedure.
- Most can return to light activities in 1-2 weeks and resume work in about 4-6 weeks.
- Regular follow-ups with the surgeon ensure proper healing and recovery.

Why Choose Dr. Shankar Acharya for Endoscopic Spine Surgery?

Dr. Shankar Acharya, a senior consultant and chairman of the Spine Surgery Department at Sir Gangaram Hospital, New Delhi, has over 30 years of experience. His expertise in minimally invasive techniques ensures high success rates and patient satisfaction. Dr. Acharya is committed to providing the best care for both urban and rural patients, ensuring they receive world-class treatment tailored to their needs.



Dr. Shankar Acharya

Regd. No.3095/DMC

M.S. (Ortho), DNB (Ortho), FRCS (Glasgow) FRCS (Edinburgh)
FRCS (Orthopaedics) (London), M.Ch. (Orthopaedics) Liverpool
Spine & Deformity Fellowship, (Birmingham) U.K., Spine Fellowship Munster (Germany)
Spine Fellowship (USA)
Senior Consultant & Chairman Department of Ortho Spine Surgery
Professor Dept. of Orthopaedic & Spine Surgery

Final Note

Endoscopic spine surgery offers hope for patients looking for effective treatment with minimal disruption to their lives. Whether you are from a busy city or a rural village, this advanced surgery can help you regain mobility and live pain-free. For consultations and expert care, connect with Dr. Shankar Acharya and his team today.



SIR GANGA RAM HOSPITAL

Trust of Generations

Address:- Room No. G-1, Ground Floor,
Ortho Department, Old Rajender Nagar,
New Delhi - 110060, India
Tel. +91-11-25750000, +91-11-42254000
Timings: Pvt. OPD: 2:00 P.M. to 5:00 P.M.
For Appointments Visit: www.sgrh.com
For Appointments Call:- +91-11-42254000,
+91-11-25750000
For Admission, Call: +91-11-42251000-7
Email Address: spinecaredelhi@gmail.com,
spineshankar@gmail.com



Dr. Shankar Acharya's Private Clinic
Address:- 21, Kailash Enclave, Ground Floor,
Near Saraswati Vihar, E-Block Bus Stand,
Pitampura, Delhi-10034, India
Timings: 8:00 P.M. - 9:00 P.M. (Monday to Friday)
For Appointments Call:- +91-98109-12174,
+91-8586963525 (after 5:00 P.M.)

Official Website

www.SpineSurgeonInIndia.com